

SONUS BRASS THEATER

TRUMPETS

warmup routine

1. F Stretch

Musical notation for F Stretch, consisting of two staves. The first staff is in 4/4 time and contains four measures of music, each with a slur over a pair of notes: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter). The second staff continues with four measures: D5 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), followed by a final measure with a whole note G4.

2. B-flat Stretch

Musical notation for B-flat Stretch, consisting of one staff with eight measures. The notes are: B3 (half), B3 (half), B3 (half), B3 (half), B3 (half), B3 (half), B3 (half), B3 (half).

3. Flexibility #1

Musical notation for Flexibility #1, consisting of one staff with eight measures. The notes are: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter).

4. Flexibility #2

Musical notation for Flexibility #2, consisting of two staves. The first staff has eight measures: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter). The second staff has eight measures: E4 (quarter), D4 (quarter), C4 (quarter), B3 (quarter), A3 (quarter), G3 (quarter), F3 (quarter), E3 (quarter).

5. Arpeggio #1

Musical notation for Arpeggio #1, consisting of one staff with eight measures. The notes are: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter).

6. Arpeggio #2

Musical notation for Arpeggio #2, consisting of two staves. The first staff has eight measures: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter). The second staff has eight measures: E4 (quarter), D4 (quarter), C4 (quarter), B3 (quarter), A3 (quarter), G3 (quarter), F3 (quarter), E3 (quarter).

7. Chromatic Scale #1

Musical notation for Chromatic Scale #1, consisting of one staff with eight measures. The notes are: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter).

8. Chromatic Scale #2

Musical notation for Chromatic Scale #2, consisting of two staves. The first staff has eight measures: G4 (quarter), A4 (quarter), B4 (quarter), C5 (quarter), B4 (quarter), A4 (quarter), G4 (quarter), F4 (quarter). The second staff has eight measures: E4 (quarter), D4 (quarter), C4 (quarter), B3 (quarter), A3 (quarter), G3 (quarter), F3 (quarter), E3 (quarter).

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9. Air-Flow #1

Exercise 9, Air-Flow #1, consists of four staves of music. Each staff contains a continuous eighth-note run. The first staff starts on a middle C (C4) and moves up stepwise. The second staff starts on a D4 and moves up stepwise. The third staff starts on an E4 and moves up stepwise. The fourth staff starts on an F4 and moves up stepwise. Each staff ends with a whole rest.

10. Air-Flow #2

Exercise 10, Air-Flow #2, consists of four staves of music. Each staff contains a continuous eighth-note run with various intervals. The first staff starts on a middle C (C4) and moves up stepwise. The second staff starts on a D4 and moves up stepwise. The third staff starts on an E4 and moves up stepwise. The fourth staff starts on an F4 and moves up stepwise. Each staff ends with a whole rest.

11. Chords

Exercise 11, Chords, consists of a single staff of music. It shows a sequence of chords: a whole note chord, a half note chord, a quarter note chord, a quarter note chord, a quarter note chord, a quarter note chord, a quarter note chord, and a quarter note chord. Each chord is marked with a circled number (1-8) indicating fingerings.

12. Cadets exercise

Exercise 12, Cadets exercise, consists of a single staff of music. It shows a sequence of chords and intervals: a whole note chord, a half note chord, a quarter note chord, a quarter note chord, a quarter note chord, a quarter note chord, a quarter note chord, a quarter note chord, a quarter note chord, a quarter note chord, a quarter note chord, and a quarter note chord. Each chord is marked with a circled number (1-8) indicating fingerings.

13. Space Chords

Exercise 13, Space Chords, consists of two staves of music. The first staff shows a sequence of chords: a whole note chord, a half note chord, a quarter note chord, a quarter note chord, a quarter note chord, a quarter note chord, and a quarter note chord. The dynamics are marked as *mp* and *f*. The second staff shows a sequence of chords: a whole note chord, a half note chord, a quarter note chord, a quarter note chord, a quarter note chord, a quarter note chord, and a quarter note chord. The dynamics are marked as *f* and *ff*. A diamond symbol is used to indicate a "SPACE CHORD".

14. Cornbread!

Exercise 14, Cornbread!, consists of a single staff of music. It shows a sequence of chords and intervals: a whole note chord, a half note chord, a quarter note chord, a quarter note chord, a quarter note chord, a quarter note chord, a quarter note chord, a quarter note chord, a quarter note chord, a quarter note chord, a quarter note chord, and a quarter note chord. Each chord is marked with a circled number (1-8) indicating fingerings. The dynamics are marked as *f* and *ff*.