

SONUS BRASS THEATER

TUBA

warmup routine

1. F Stretch

Two staves of music in bass clef, 4/4 time, key of F major. The first staff contains four measures of quarter notes: F2, G2, A2, B2, followed by rests. The second staff contains four measures of quarter notes: C3, D3, E3, F3, followed by rests.

2. B-flat Stretch

One staff of music in bass clef, 4/4 time, key of B-flat major. It contains four measures of quarter notes: B-flat2, C3, D3, E3, followed by rests.

3. Flexibility #1

One staff of music in bass clef, 4/4 time, key of F major. It contains four measures of quarter notes: F2, G2, A2, B2, followed by rests.

4. Flexibility #2

Two staves of music in bass clef, 4/4 time, key of F major. The first staff contains four measures of quarter notes: F2, G2, A2, B2, followed by rests. The second staff contains four measures of quarter notes: C3, D3, E3, F3, followed by rests.

5. Arpeggio #1

One staff of music in bass clef, 4/4 time, key of F major. It contains four measures of eighth notes: F2, G2, A2, B2, followed by rests.

6. Arpeggio #2

Two staves of music in bass clef, 4/4 time, key of F major. The first staff contains four measures of eighth notes: F2, G2, A2, B2, followed by rests. The second staff contains four measures of eighth notes: C3, D3, E3, F3, followed by rests.

7. Chromatic Scale #1

One staff of music in bass clef, 4/4 time, key of F major. It contains four measures of eighth notes: F2, G2, A2, B2, followed by rests.

8. Chromatic Scale #2

Two staves of music in bass clef, 4/4 time, key of F major. The first staff contains four measures of eighth notes: F2, G2, A2, B2, followed by rests. The second staff contains four measures of eighth notes: C3, D3, E3, F3, followed by rests.

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9. Air-Flow #1

Exercise 9, Air-Flow #1, consists of four staves of bass clef music. Each staff begins with a whole note chord and is followed by a series of eighth notes. A long slur covers the entire exercise, indicating a continuous, flowing line.

10. Air-Flow #2

Exercise 10, Air-Flow #2, consists of four staves of bass clef music. Each staff begins with a whole note chord and is followed by a series of eighth notes. A long slur covers the entire exercise, indicating a continuous, flowing line.

11. Chords

Exercise 11, Chords, consists of one staff of bass clef music. It features a series of whole notes, each with a slur underneath, indicating a sustained chordal exercise.

12. Cadets exercise

Exercise 12, Cadets exercise, consists of one staff of bass clef music. It begins with a whole note chord marked *mp*, followed by a series of eighth notes. A crescendo hairpin leads to a final whole note chord marked *mf*.

13. Space Chords

Exercise 13, Space Chords, consists of two staves of bass clef music. The first staff features a series of whole notes with slurs underneath, starting at *mp* and ending at *f*. The second staff is labeled "(SPACE CHORD)" and features a diamond-shaped symbol under the first whole note, followed by a series of whole notes, ending with a final whole note chord marked *ff*.

14. Cornbread!

Exercise 14, Cornbread!, consists of one staff of bass clef music. It begins with a series of eighth notes marked *f*, followed by a series of quarter notes. A *molto rit.* marking is placed above the final eighth notes, which are marked *ff*.